The Process of learning something can be stressful and hard especially in high school when you are young and discovering yourself as a person, so I spend a good time trying to improve in the education.

I always appreciate how the high schools work in the United States, you choose your subjects per semester and also your extracurricular activities, at my high school in Brazil you also choose extracurricular activities but you have 16 required subjects in the first year; 19 in the second year and 20 in the senior year which is stressful and many people give up in the beginning. In three years of high school you get a little bit traumatize with learning things that you don´t want to.

To solve this, I start to found a reason to learn about some topic or the content of the class, for example: I would like to be a politician than the classes of social science get way easier.

Particularly my favorite form to learn its from practice because you are with your hands on and the more you made mistakes more you learn specially in IT, otherwise don´t add you nothing new.